



Canolfan Hamdden

Dyffryn Aman

01269 594517

WWW.ACTIF.CYMRU

Amserlen

Gweithgareddau

Iau



DYDD LLUN

PEL RWYD MINI
4:30PM – 5:15PM
£15.40 y mis



DYDD MAWRTH

SGILIAU AR GYFER
CHWARAEON
4:30PM – 5:15PM
£15.40 y mis



HOCI MINI
4:45PM – 5:15PM
£15.40 y mis

DYDD MERCHER

ATHELTAU MINI
4:00PM-4:45PM
£15.40 y mis



DYDD IAU

BEICIAU BALANS
4:30PM – 5:15PM
£15.40 y mis



DYDD GWENER

PEL DROED MINI
4:00PM-4:45PM
£3.85 y sesiwn





**Amman Valley Leisure
Centre**

01269 594517

WWW.ACTIF.WALES

Junior Activities Timetable



MONDAY

MINI NETBALL
4:30PM – 5:15PM
£15.40 a month



TUESDAY

SKILLS FOR SPORT
4:30PM – 5:15PM
£15.40 a month



MINI HOCKEY
4:45PM -5:30
£15.40 a month

WEDNESDAY

MINI ATHLETICS
4:00PM -4:45PM
£15.40 a month



THURSDAY

BALANCE BIKES
4:30PM – 5:15PM
£15.40 a month



FRIDAY

MINI FOOTBALL
4:00 -4:45PM
£3.85 a session

