



WEEK 1: 23 July – 26 July

LLANELLI LEISURE CENTRE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:30 – 09:00	Who's who? Let's get moving!!				
09:00 – 10:00	Team Building Activities	Skills for Sport	Handball	Lacrosse	Fun in the park
10:00 – 10:30	Break				
10:30 – 12:00	Pool Fun	In it to win it (Treasure Hunt)	Pool Fun	Llanelli Kickboxing	Fire Brigade
12:00 – 13:00	Lunch				
13:00 – 13:45	Beach Walk / Activity's	<i>Cooking</i>	Art, Games and Music	Tri – Golf	Football Rounder's
13:45 – 14:30			Bench ball	Hockey	Tag Rugby
14:30 – 16:00	Aqua Fun	Pool Fun	Aqua Fun	Pool Fun	Netball
16:00 – 16:15	Break				
16:15 – 17:15	Bench ball	Wet & Wild *Spare Clothes	Dodgeball	Film	Slash and Dive
17:15 – 17:30	Mini Games and Collection				

£21 per child per day or £94.50 for the week (8-12 years). Does include breakfast, lunch and a snack.
For more information please ask reception or call the Centre on 01554 774757



WEEK 2: 2 July – 2 August

LLANELLI LEISURE CENTRE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:30 – 09:00	Who's who? Let's get moving!!				
09:00 – 10:00	Team Building Activities	Racket Sport	Frisbee Golf	Sports Skills	Obstacle Course
10:00 – 10:30	Break				
10:30 – 12:00	Pool Fun	Aqua Fun	Pool Fun	Aqua Fun	Fire Brigade
12:00 – 13:00	Lunch				
13:00 – 13:45	Handball	Kho Kho *Team Tag	Art, Games and Music	Cooking	Dodgeball
13:45 – 14:30	Netball	Lacrosse	Ten-kid Bowling	Children Choice	Volleyball
14:30 – 16:00	Aqua Fun	Pool Fun	Aqua Fun	Pool Fun	In it to win it (Treasure Hunt)
16:00 – 16:15	Break				
16:15 – 17:15	Actif Club Got Talent	Hockey	Beach Ball	Wet & Wild *bring Spare Clothes*	Splash and Dive
17:15 – 17:30	Mini Games and Collection				

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WEEK 3: 5 August– 9 August

LLANELLI LEISURE CENTRE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:30 – 09:00	Who's who? Let's get moving!!				
09:00 – 10:00	<i>Zoo Lab</i>	Aqua Fun	Fun Floats	Mini Water Polo	Fun Floats
10:00 – 10:30	Break				
10:30 – 12:00	Pool Fun	Fun in the Park	Beach Walk / Activity's	Fire Brigade	Lacrosse
12:00 – 13:00	Lunch				
13:00 – 13:45	Netball	<i>Laser Combat with Celtic Laser tag</i>	<i>Cooking</i>	Capture the flag	Dice Golf
13:45 – 14:30	Tag rugby			Football Rounder's	Volleyball
14:30 – 16:00	Aqua Fun	Pool Fun	Aqua Fun	Police Visit	Children Choice
16:00 – 16:15	Break				
16:15 – 17:15	Dodgeball	Wet & Wild *Bring spare Cloths	Obstacle Course	Film	Splash and Dive
17:15 – 17:30	Mini Games and Collection				

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WEEK 4: 12 August – 16 August

LLANELLI LEISURE CENTRE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:30 – 09:00	Who's who? Let's get moving!!				
09:00 – 10:00	Aqua Fun	Water Olympics	ZooLab	Mini Water Polo	Rookie Lifesaving
10:00 – 10:30	Break				
10:30 – 12:00	Fun in the park	Mini Olympics	Pool Fun	<i>Laser Combat with Celtic Laser Tag</i>	Tag Rugby
12:00 – 13:00	Lunch				
13:00 – 13:45	Cooking	Art, Games and Music	Football	Handball	Library
13:45 – 14:30		Ten-Kid Bowling	Netball	Children Choice	
14:30 – 16:00	Pool Fun	Aqua Fun	Pool Fun	Aqua Fun	Netball
16:00 – 16:15	Break				
16:15 – 17:15	Wet & Wild *Spare Clothes	Obstacle Course	Dodgeball	Film	Splash and Dive
17:15 – 17:30	Mini Games and Collection				

£21 per child per day or £94.50 for the week (8-12 years). Does include breakfast, lunch and a snack
 For more information please ask reception or call the Centre on 01269 594517



WEEK 5: 19 August – 23 August

LLANELLI LEISURE CENTRE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:30 – 09:00	Who's who? Let's get moving!!				
09:00 – 10:30	Water Volleyball	Dodgeball	Mini Water Polo	Rookie Lifesaving	Ten-Kid Bowling
10:00 – 10:30	Break				
10:30 – 12:00	Dice Golf	<i>Laser Combat with Celtic Laser Tag</i>	Racket Sports	Athletics	Skills for Sport
12:00 – 13:00	Lunch				
13:00 – 13:45	Chain tag/Blind trail/Human knot	Backyard Adventure!	Lacrosse	Football Rounder's	Cooking
13:45 -14:30	In it to win it (Treasure Hunt)		Hockey	Children Choice	
14:30 – 16:00	Aqua Fun	Pool Fun	Aqua Fun	Pool fun	Obstacle Course
16:00 – 16:15	Break				
16:15 – 17:15	Volleyball	Boogie Bounce	Wet & Wild *Bring Spare Cloths	Film	Splash and Dive
17:15 – 17:30	Mini Games and Collection				

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WEEK 6: 26 August – 30 August

LLANELLI LEISURE CENTRE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:30 – 09:00	August Bank Holiday	Who's who? Let's get moving!!			
09:00 – 10:00		Mini Water Polo	Rookies lifesaving	Mini water Polo	<i>Laser Combat with Celtic Laser tag</i>
10:00 – 10:30		Break			
10:30 – 12:00		Beach Walk	Fun in the park	Racket Sports	Aqua Fun
12:00 – 13:00		Lunch			
13:00 – 13:45		Athletics	Bench Ball	Xandao Kickboxing	<i>Actif Party</i>
13:45 – 14:30		In it to win it (Treasure Hunt)	Dodgeball		
14:30 – 16:00		Pool Fun	Aqua Fun	Pool Fun	<i>Pool Party</i>
16:00 – 16:15		Break			
16:15 – 17:15		Skills for Sport	Chase Tag	Wet & Wild *Bring Space Clothes	<i>Actif Party</i>
17:15 – 17:30	Mini Games and Collection				

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